

# Rugby High School Track & Field Results

## CENTRAL NORTH DAKOTA CONFERENCE

### Fessenden, ND – Saturday, May 14, 2016

#### 100 Meter Dash

Kristina Brossart - 12.65 - 2nd place - **SQ**  
Jazlyn Brossart - 13.94 - 6th place  
Lillie Landers - 15.08 - 8th place

#### 200 Meter Dash

Maria Blessum - 27.27 - 3rd place  
Anni Stier - 27.29 - 4th place  
Kristina Brossart - 27.52 - 5th place  
Jazlyn Brossart - 29.27  
Emily Salwey - 29.69  
Lillie Landers - 32.07

#### 400 Meter Dash

Anni Stier - 1:01.42 - 1st place - **SQ**

#### 800 Meter Run

Tristin Lunde - 2:31.15 - 1st place  
Ellie Duchscherer - 2:46.42 - 5th place  
Dessa Denich - 3:17.17 - 8th place

#### 1600 Meter Run

Ellie Duchscherer - 6:04.18 - 3rd place  
Taylor Nelson - 6:04.98 - 4th place  
Karsyn Hager - 6:09.73 - 5th place  
Dessa Denich - 6:40.17 - 7th place

#### 3200 Meter Run

Karsyn Hager - 13:12.64 - 2nd place  
Taylor Nelson - 13:18.50 - 3rd place

#### 100 Meter Hurdles

Jazlyn Brossart - 18.17 - 6th place  
Emily Salwey - 19.47 - 8th place

#### 300 Meter Hurdles

Anni Stier - 47.98 - 2nd place - **SQ**  
Tristin Lunde - 52.59 - 6th place  
Emily Salwey - 53.59 - 8th place

#### Long Jump

Lauren Kraft - 15'9" - 2nd place  
Sara Stier - 15'4½" - 3rd place  
Lillie Landers - ?

#### Triples Jump

Sara Stier - 35'0" - 1st place - **SQ**  
Lauren Kraft - 33'4" - 3rd place

#### High Jump

#### Pole Vault

Maria Blessum - 9'0" - 1st place - **SQ**  
Jazlyn Brossart - 7'0" - 4th place  
Karsyn Hager - 6'6" - 6th place

#### Shot Put

Maddie Uhlenkamp - 32'8½" - 3rd place  
Morgan Hjelden - ?

#### Discus

Maddie Uhlenkamp - 114'9" - 2nd place  
Morgan Hjelden - No Mark

#### Javelin

Maddie Uhlenkamp - 116'5" - 3rd place - **SQ**

#### 4 x 100 Meter Relay

#### 4 x 200 Meter Relay

#### 4 x 400 Meter Relay

Tristin Lunde(1:04.32), Emily Salwey(1:08.06)  
Anni Stier(1:02.12), Kristina Brossart(1:07.21)  
4:21.71 - 2nd place

#### 4 x 800 Meter Relay

Tristin Lunde(2:30.15), Karsyn Hager(2:42.95)  
Dessa Denich(2:43.65), Ellie Duchscherer(2:42.90)  
10:39.65 - 1st place

#### GIRLS TEAM SCORES

1. Rugby - 185
2. Carrington - 168
3. Harvey-Wells County - 123
4. North Star - 72
5. New Rockford-Sheyenne - 61
6. Benson County - 25
7. Rolette/Wolford - 18
8. Warwick - 15
9. Northern Lights - 3